

# JEFFERSON COUNTY AREA RESOURCE GUIDE

Created and delivered by families, friends, and neighbors  
of Jefferson County and Surrounding Communities

## MULTIPLE SERVICES

Food / Shelter / Clothing / Medical / and More

**The Well:** Phones, showers, toilets, laundry, warming and cooling place, coffee, snacks, social connection and support, financial assistance, life skills, grief counseling, household budget training, job services including interview preparation and coaching, resource referral, assistance with legal forms.

[thewelliowa.org/fairfield/resource-center/](http://thewelliowa.org/fairfield/resource-center/)  
1700 S. Main St., Fairfield  
641-819-4044

Monday, Wednesday, Thursday, Friday 10 AM–5 PM

## SOCIAL SERVICES

**DHS:** • Assistance: SNAP, childcare, cash, state supplementary • Family Services: child welfare, adult welfare, refugee, Medicaid, family planning, and Hawk-I Children's Health Program • Mental health & disability services.

[www.dcoffices.org/office/jefferson\\_county\\_dhs\\_IA\\_52556](http://www.dcoffices.org/office/jefferson_county_dhs_IA_52556)  
304 S. Maple St., Fairfield  
641-472-5011

**Family Crisis Center — Ottumwa:** 24-hour crisis line staffed with certified domestic abuse counselors; assistance getting order of protection; short and long-term housing assistance; help with emergency food and clothing; advocates with law enforcement, attorneys and social workers.

[familycrisiscenteriowa.org](http://familycrisiscenteriowa.org)  
800-464-8340

**Optimae Behavioral Health Services — Fairfield:** 1-to-1 Peer Support, support groups, resource connection, social groups, social outings, wellness action planning, etc.

[www.optimaeliveservices.com](http://www.optimaeliveservices.com)  
301½ W. Burlington Ave., Fairfield  
641-472-5771

## HEALTHCARE

**Jefferson County Public Health Department:** WIC or Children's Health and Women, Infant and Child Nutrition Program; immunizations for children, adults, and foreign travel.

[jeffersoncounty.iowa.gov/health.htm](http://jeffersoncounty.iowa.gov/health.htm)  
200 W. Briggs Ave., Fairfield  
641-472-5929

**Hawk-I:** Children's health program; WIC or Children's Health and Women, Infant and Child Nutrition Program; immunizations for children, adults, and foreign travel.

200 W. Briggs Ave., Fairfield  
641-472-5929

**Jefferson County Hospital:**

[www.jeffersoncountyhealthcenter.org](http://www.jeffersoncountyhealthcenter.org)

## MEALS, LUNCHES

**Optimae Resource & Recovery Center**

**Monday through Friday:** 12–1 PM  
301½ W. Burlington Ave., Fairfield

## MEALS, SUPPERS

**First Lutheran Church**

**Tuesday night:** 4–5:15 PM / No charge, no ID required.  
201 W. Briggs Ave., Fairfield

**Golden Magnolia Sanctuary**

**Thursday, Friday, Saturday nights:** 5:30–8:00 PM / Pay-as-you-may, no ID required.

[goldenmagsanctuary@gmail.com](mailto:goldenmagsanctuary@gmail.com)  
[linktr.ee/goldenmagsanctuary](http://linktr.ee/goldenmagsanctuary)

200 S. Main St. (enter on Washington Ave., north side)

## FOOD PANTRIES

**First United Methodist Church**

**First Monday morning of each month:** Clients must call by the 22nd of the preceding month. Deliveries possible. TEFAP Eligibility Form required, updated annually.

201 N. Court St., Fairfield  
641-919-6352 or 641-472-4303

**The Lord's Cupboard of Jefferson County**

**Monday, Tuesday, Thursday, and Friday, 1–3:30 PM; and Wednesday, 1–5 PM:** Jefferson County residents who meet the income guidelines posted at [www.lordscupboard.org/need-food.html](http://www.lordscupboard.org/need-food.html) can receive a weekly order of milk, bread/rolls, desserts, and a protein. TEFAP Eligibility Form required (updated annually) along with proof of residence within past 90 days, government issued ID, and reusable bags (if possible).

[www.lordscupboard.org/index.html](http://www.lordscupboard.org/index.html)  
303 N. 4th St., Fairfield

Sunday, 9–11 AM; Wednesday, 3–6 PM; Thursday, 5–8 PM  
or call 318-548-0073 for an appointment

— Food pantries continued on back —

## FOOD PANTRIES, continued from front

**First Church of the Nazarene**

**First Tuesday afternoon of each month:** Pickup from 4–5:30 PM. Drive-thru pickup at the church location. TEFAP Eligibility Form required, updated annually.

[www.iowanazarene.org/fairfield](http://www.iowanazarene.org/fairfield)  
201 N. 5th St., Fairfield  
641-472-5849

**Brighton Community Church:**

**First Thursday of month:** 10:30–11:30 AM

101 S. Mechanic St., Brighton  
319-548-0073

**Hope Lutheran Church**

**First Thursday of the month:** 10:30–11:30 AM

Old Brighton Gym, Brighton  
319-220-3234

## JEFFERSON COUNTY LITTLE FREE PANTRIES

[www.facebook.com/groups/jeffersoncountylittlefreepantries](http://www.facebook.com/groups/jeffersoncountylittlefreepantries)

**Fairfield**

- 1112 Granville Ave., MIU Campus
- 605 E. Madison Ave.
- 410 W. Lowe Ave.
- 1300 S. 2nd St.
- 500 E. Burlington Ave.
- 2200 W. Jefferson Ave. / SIEDA
- Gear Ave. between 10th and 12th Streets
- 501 N. 2nd St. / Everybody's grocery store
- 2601 W. Briggs Ave., behind Wal-Mart at Foursquare Church

**Lockridge**

- 103 S. Center St., near the post office

**Libertyville**

- Libertyville City Hall, 108 N. Main St.

## CLOTHING

**African Violet**

[www.facebook.com/africanvioletfoundation](http://www.facebook.com/africanvioletfoundation)  
54 S. B St., Fairfield  
641-919-4306  
Wednesday, 5–7 PM; Friday, 9 AM–12 PM

## LEGAL AID

**Iowa Legal Aid, Southeast Iowa Regional Office**

[www.iowalegalaid.org/organization/iowa-legal-aid-southeast-iowa-regional-office](http://www.iowalegalaid.org/organization/iowa-legal-aid-southeast-iowa-regional-office)  
800-532-1275  
112 E. 3rd St., Ottumwa

## HOMELESS SHELTER

None

## DOMESTIC VIOLENCE SHELTER

None

## ALCOHOLICS ANONYMOUS

Meetings in:

Fairfield – Seven days a week

Brighton – Tuesday, 8 PM

Batavia – Tuesday

Meeting locations and times are subject to change.

[alcoholicsanonymous.com/aa-meetings/iowa/fairfield-iowa/](http://alcoholicsanonymous.com/aa-meetings/iowa/fairfield-iowa/)

## NARCOTICS ANONYMOUS

[www.narcotics.com/na-meetings/iowa/fairfield-iowa/](http://www.narcotics.com/na-meetings/iowa/fairfield-iowa/)

## CELEBRATE RECOVERY

**Brighton Community Church, Thursday, 7 PM (free dinners 6 PM)**

A Christian-based 12-step program that helps heal the hurts, habits, and hang-ups of: chemical dependency, alcoholism, family dysfunction, co-dependency, relationship addiction, sexual addiction, eating disorders, compulsive behaviors, physical/emotional/sexual abuse.

[www.facebook.com/crbrightonia](http://www.facebook.com/crbrightonia)  
101 S. Mechanic St., Brighton  
319-548-0073  
[BrightonCRinfo@gmail.com](mailto:BrightonCRinfo@gmail.com)

REMINDER: Each one of these groups needs volunteers and donations. The more we give, the more we help.

FEEDBACK WELCOME: Send suggestions to correct or update this guide to [JCWSRCard@gmail.com](mailto:JCWSRCard@gmail.com).

INSPIRED BY: Richard Troxell, Founder & National Education Director of House the Homeless, Inc.

**This Resource Guide is available** online at [www.iowasource.com/2022/11/15/jefferson-county-resources/](http://www.iowasource.com/2022/11/15/jefferson-county-resources/). For printed pocket guides, go to Golden Magnolia Sanctuary, Thursday–Saturday, 5:30–8 PM.