JEFFERSON COUNTY AREA RESOURCE GUIDE

Created and delivered by families, friends, and neighbors of Jefferson County and Surrounding Communities

MULTIPLE SERVICES -

Food / Shelter / Clothing / Medical / and More

The Well: Phones, showers, toilets, laundry, warming and cooling place, coffee, snacks, social connection and support, financial assistance, life skills, grief counseling, household budget training, job services including interview preparation and coaching, resource referral, assistance with legal

thewelliowa.org/fairfield/resource-center/ 1700 S. Main St., Fairfield 641-819-4044 Monday, Wednesday, Thursday, Friday 10 AM-5 PM

SOCIAL SERVICES

DHS: • Assistance: SNAP, childcare, cash, state supplementary • Family Services: child welfare, adult welfare, refugee, Medicaid, family planning, and Hawk-I Children's Health Program • Mental health & disability services.

www.dcfoffices.org/office/jefferson_county_dhs_IA_52556 304 S. Maple St., Fairfield 641-472-5011

Family Crisis Center — Ottumwa: 24-hour crisis line staffed with certified domestic abuse counselors; assistance getting order of protection; short and long-term housing assistance; help with emergency food and clothing; advocates with law enforcement, attorneys and social workers.

familycrisiscenteriowa.org 800-464-8340

Optimae Behavioral Health Services — Fairfield: 1-to-1 Peer Support, support groups, resource connection, social groups, social outings, wellness action planning, etc.

www.optimaelifeservices.com 301½ W. Burlington Ave., Fairfield 641-472-5771

- HEALTHCARE -

Jefferson County Public Health Department: WIC or Children's Health and Women, Infant and Child Nutrition Program; immunizations for children, adults, and foreign travel.

jeffersoncounty.iowa.gov/health.htm 200 W. Briggs Ave., Fairfield 641-472-5929

Hawk-I: Children's health program; WIC or Children's Health and Women, Infant and Child Nutrition Program; immunizations for children, adults, and foreign travel.

200 W. Briggs Ave., Fairfield 641-472-5929

Jefferson County Hospital:

www.jeffersoncountyhealthcenter.org

- MEALS, LUNCHES -

Optimae Resource & Recovery Center Monday through Friday: 12-1 PM 301½ W. Burlington Ave., Fairfield

- MEALS, SUPPERS -

First Lutheran Church

Tuesday night: 4–5:15 PM / No charge, no ID required.

201 W. Briggs Ave., Fairfield

Golden Magnolia Sanctuary

Thursday, Friday, Saturday nights: 5:30–8:00 PM / Pay-as-you-may, no ID required.

goldenmagsanctuary@gmail.com linktr.ee/goldenmagsanctuary

200 S. Main St. (enter on Washington Ave., north side)

- FOOD PANTRIES -

First United Methodist Church

First Monday morning of each month: Clients must call by the 22nd of the preceding month. Deliveries possible. TEFAP Eligibility Form required, updated annually.

201 N. Court St., Fairfield 641-919-6352 or 641-472-4303

The Lord's Cupboard of Jefferson County

Monday, Tuesday, Thursday, and Friday, 1-3:30 PM; and Wednesday, 1–5 PM: Jefferson County residents who meet the income guidelines posted at www.lordscupboard.org/need-food.html can receive a weekly order of milk, bread/rolls, desserts, and a protein. TEFAP Eligibility Form required (updated annually) along with proof of residence within past 90 days, government issued ID, and reusable bags (if possible).

Food pantries continued on back —

www.lordscupboard.org/index.html

303 N. 4th St., Fairfield

FOOD PANTRIES, continued from front

First Church of the Nazarene

First Tuesday afternoon of each month: Pickup from 4-5:30 PM. Drivethru pickup at the church location. TEFAP Eligibility Form required, updated

www.iowanazarene.org/fairfield 201 N. 5th St., Fairfield 641-472-5849

Brighton Community Church:

Every Wednesday: 3-6:00 PM 101 S. Mechanic St., Brighton 319-548-0073

Hope Lutheran Church

First Thursday of the month: 10:30-11:30 AM

Old Brighton Gym, Brighton

319-220-3234

JEFFERSON COUNTY LITTLE FREE PANTRIES

www.facebook.com/groups/jeffersoncountylittlefreepantries

Fairfield

- 1112 Granville Ave., MIU Campus
- 605 E. Madison Ave.
- 410 W. Lowe Ave.
- 1300 S. 2nd St.
- 500 E. Burlington Ave.
- 2200 W. Jefferson Ave. / SIEDA
- Gear Ave. between 10th and 12th Streets
- 501 N. 2nd St. / Everybody's grocery store
- 2601 W. Briggs Ave., behind Wal-Mart at Foursquare Church

Lockridae

• 103 S. Center St., near the post office

Libertyville

• Libertyville City Hall, 108 N. Main St.

CLOTHING

African Violet

www.facebook.com/africanvioletfoundation 54 S. B St., Fairfield 641-919-4306 Wednesday, 5-7 PM; Friday, 9 AM-12 PM

LEGAL AID

Iowa Legal Aid, Southeast Iowa Regional Office

www.iowalegalaid.org/organization/iowa-legal-aid-southeast-iowaregional-office 800-532-1275 112 E. 3rd St., Ottumwa

- HOMELESS SHELTER -

DOMESTIC VIOLENCE SHELTER -

ALCOHOLICS ANONYMOUS -

Meetings in:

Fairfield - Seven days a week

Brighton - Tuesday, 8 PM

Batavia - Tuesdav

Meeting locations and times are subject to change. alcoholicsanonymous.com/aa-meetings/iowa/fairfield-iowa/

NARCOTICS ANONYMOUS

www.narcotics.com/na-meetings/iowa/fairfield-iowa/

CELEBRATE RECOVERY

Brighton Community Church, Thursday, 7 PM (free dinners 6 PM)

A Christian-based 12-step program that helps heal the hurts, habits, and hang-ups of: chemical dependency, alcoholism, family dysfunction, co-dependency, relationship addiction, sexual addiction, eating disorders, compulsive behaviors, physical/emotional/sexual abuse.

www.facebook.com/crbrightonia 101 S. Mechanic St., Brighton 319-548-0073 BrightonCRinfo@gmail.com

REMINDER: Each one of these groups needs volunteers and donations. The more we give, the more we help.

FEEDBACK WELCOME: Send suggestions to correct or update this guide to JCWSRCard@gmail.com.

INSPIRED BY: Richard Troxell, Founder & National Education Director of House the Homeless, Inc.

This Resource Guide is available online at www.iowasource. com/2022/11/15/jefferson-county-resources/. For printed pocket guides, go to Golden Magnolia Santuary, Thursday–Saturday, 5:30–8 PM.